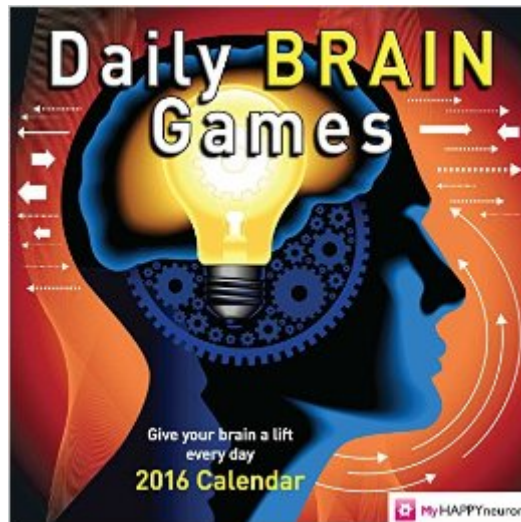


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# Daily Brain Games 2016 Day-to-Day Calendar



## Synopsis

Mental stimulation plays an important part in insuring that our brains remain sharp and agile, and the experts at HAPPYneuron® have developed games and exercises that are not only scientifically proven to improve brain function but are also fun to play. HAPPYneuron.com has 10 million users who have completed more than 150 million games on the site in ten different languages. Each page of this calendar contains a challenging and engaging game or puzzle for readers of all ages who are looking for a fun way to keep their brains in tip-top shape.

## Book Information

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Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #634,705 in Books (See Top 100 in Books) #62 in [Books > Calendars > Games](#) #502 in [Books > Humor & Entertainment > Puzzles & Games > Logic & Brain Teasers](#)

## Customer Reviews

I received this calendar as a gift this past Christmas. After a short period of time I found myself tearing off the page each day without doing the "game." First, the variety is limited to just a few different types of brain exercises. Second, some of these exercises are simply a matter of memorizing a list of words and seeing how well you do or placing numbers in ascending or descending order. There are also several of the "find the hidden word" type. While I'm sure all this has some salutary effect on the brain, the exercises are not of the quality or the variety I was anticipating.

If you are seeking a calendar with interesting and challenging daily games, look elsewhere. The puzzles in this calendar are very uneven in quality and mostly trivial. In the first 6 months of the year there have been, at most, 15 interesting puzzles that required some thought. Many of the puzzles are simple memory exercises that really should be timed. Any puzzles labeled easy or medium are utterly trivial -- even some of the so called hard ones barely require any pause (For example,

memorize a list of 6 seemingly random letters now write them down in alphabetical order). There are roughly a dozen puzzle types that are repeated over and over. There is little novelty. The one interesting puzzle type is called split words where you are challenged to reconstruct 20 words in a category from small fragments. Other than that, unless you need to work on your memory these puzzles are not for you.

Small variety of games, several of which I do not enjoy (i.e. sort the numbers in ascending/descending order "as quickly as possible" or Match the animal to its favorite food). It's going to be a loooong year.

I was looking for a book of puzzles and riddles similar to the MENSA daily calendar. This calendar has games that ask you to remember 5 things on the page and then close your eyes to try to remember the 5 items. Sure, it works your mind but I like the puzzles that I'm used to with the other calendars better.

We bought this as a Christmas present for my oldest son. He's really into strategy games and this was right up his alley (he's 11). Some of them get pretty challenging and that's great.

Try to keep up with the games or catch up with it as I watch TV. Repeat games on the various days gives you an idea as to what is required to complete the game, easy to hard.

This was a gift...And while there are a few puzzles that are enjoyable, it's dominated by memorization lists that quite frankly aren't any fun, and I just pass over.

Most of the daily games are not hard at all, even the ones labeled "Hard". Still fun to figure them out even if it only takes a minute or two.

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